

## UriCap Female Skill Evaluation Tool

### CRITICAL STEPS

Patient Selection	Completed	Comments
1. Assess patient for UriCap indications, contraindications, warnings, and precautions. Check if the patient has vaginal discharge, itch, inflammation, sores, redness, bleeding, skin condition, pelvic prolapse (stage 2 and up) or silicone allergy.		
2. Perform hand hygiene and don clean gloves.		
3. Complete perineal care and visual inspection.		
4. Remove gloves and perform hand hygiene. Document findings per facility policy.		
Preparation	Completed	Comments
1. Explain UriCap application procedure to patient, gather support staff if needed, and gather supplies.		
2. Assemble device supplies using medical asepsis, clean technique. <ul style="list-style-type: none"> <li>• Perform hand hygiene and don clean gloves.</li> <li>• Attach UriCap to the connection tube.</li> <li>• Attach the connection tube to the urine bag tubing.</li> <li>• Attach the leg securement device to the urine bag tubing.</li> <li>• Add lubricating jelly to the edges of the UriCap surface.</li> </ul>		
3. Position the patient for application. <ul style="list-style-type: none"> <li>• Perform hand hygiene and don clean gloves.</li> <li>• Position the patient supine with the legs open widely.</li> </ul>		
Application	Completed	Comments
1. Use the non-dominant hand to retract the inner and outer labial folds, visualizing the top of the vaginal opening as a landmark.		
2. Use the dominant hand to hold the UriCap with the proper holding technique per the IFU.		
3. Apply the lower lip of the UriCap to the top of the vaginal opening. Use the thumb to make full, direct contact with the perineal application area. Never insert the UriCap into the vaginal opening.		
4. Press and hold for 10 seconds while gently pushing upward to ensure full, direct contact.		
5. Visualize the application area; ensure that the inner labia are <i>not</i> under the UriCap.		
6. Close the labial folds around the UriCap.		
7. Gently release the dominant hand.		
8. Secure the urinary bag tubing to the inner thigh with the provided securement device. Place the tubing under the bend of the knee in the popliteal fossa. Provide adequate slack to avoid pulling on the device.		
9. Instruct the patient to remain in a resting position and avoid position changes for one hour after application.		
10. Remove gloves and perform hand hygiene. Document findings per facility policy.		

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Monitoring and Urine Sampling	Completed	Comments
1. Monitor the UriCap Female external catheter at regular intervals: <ul style="list-style-type: none"> <li>Avoid re-opening the labia after the application to avoid breaking the seal between the UriCap and perineal area.</li> <li>Maintain unobstructed urine flow. Keep tubing and drainage bag lower than the UriCap, secured in the proper position. Always position the urine bag below the urethra level.</li> <li>Assess urine in tubing and bag per facility policy.</li> <li>Drain urine from the bag per facility policy maintaining a closed system.</li> <li>Reinforce UriCap placement after transfers, after position changes, and as needed by using the reinforcement technique pushing inward with the index and thumb finger per the IFU.</li> </ul>		
2. Obtain urine sample at the time of a new application of UriCap with new urine bag per facility policy.		
3. Provide daily perineal care and peri-ureteral care according to hospital policy.		
4. Complete troubleshooting for comfort and leakage based on UriCap training.		
Removal	Completed	Comments
1. Perform hand hygiene and don clean gloves.		
2. Explain procedure, request additional staff as needed, and obtain supplies.		
3. Remove the UriCap according to IFU by peeling or squeezing the UriCap. Never pull the UriCap off from the perineal area.		
4. Dispose of the UriCap according to facility policy, and state/federal laws.		
5. Assess perineal skin and perform perineal care.		
6. Remove gloves and perform hand hygiene. Document findings per facility policy.		
7. Replace the UriCap every 24 hours, or as indicated according to indications, contraindications, warnings, and precautions. Change the UriCap connector, tube, bag, and securement device per facility policy.		

Trained healthcare professionals should apply UriCap Female. Use the Instruction for Use (IFU) and device label for indications, contraindications, warnings, and cautions. Prior to use, follow relevant facility policies for UriCap use and standards of care.

**Comments:** \_\_\_\_\_

**Clinician (print):** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Evaluator (print):** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

For UriCap questions, contact [support@tillacare.com](mailto:support@tillacare.com)

